

Roar Pole Fitness - FAQ

Roar Pole Fitness courses: \$220

Duration: 8 weeks involving a one hour lesson per week

Want to book into more than 1 class? Exciting news!! The more you pole the cheaper it gets with your second class at half price for just \$110!!

Stretch and Splits: Improve your flexibility with an 8 week course for \$99 or casually for \$15 a class.

How to Book: Please see attached document on how to book through our Mind Body online booking system. ☺

Missed Classes? If you are unable to attend a class, you can catch up in another PoleFit class of equal level, subject to availability. Simply cancel out of your class on Mind Body before the class start time and use your credited class as a make-up.

Transferring from another studio and not sure what level you are? Come and do a half hour one on one assessment with one of our Instructors for only \$35.

Practice Time: Bring a pole buddy and come and practise some of your new moves. Currently enrolled students \$10, non-students \$30. Booking is essential as a minimum of 2 people are required for it to run. Call reception today to book in.

Private Lessons: Learn better one on one and prefer the studio all to yourself? Book a private session with one of our highly qualified instructors today. 1 on 1 is \$100, 2 on 1 is \$120 and 3 on 1 is \$150 for a max of 3 people.

Pole Parties/Girls nights: Have an upcoming birthday party, hens night or just want to get the girls together for a great night out why not book something new to try? The session will go for an hour and a half and will consist of teaching you some cool pole moves, put a routine together and finish with the instructor doing a performance for you while leaving enough time for you to get some cool photos of your night.
Cost \$35 per person; minimum 6 people. Minimum charge is \$210 if you have less than 6 people.

Taster Classes: Curious but not quite ready to commit to an 8 week course? Our Pole Taster class is designed for the absolute beginner and is a great introduction to our Beginner pole 1 program. It's simply a fun, one off dance class to show you what our pole fitness classes are all about.

